



Sujoy, RAY

Tell us a bit about your professional background

I am 28yrs old and am currently working as a psychiatrist at NIMHANS a premier mental health institution in India. After my basic medical degree, I specialized in Psychiatry and during all this time, I have been involved in both clinical and research work. I have honed my clinical skills through interactions with patients and my research skills by writing case reports, conducting and publishing original research and authoring/co-authoring systematic reviews. In addition to this I have the responsibility of teaching my subject to both undergraduates and postgraduates.

Why do you want to become a member of Cochrane's Governing Board?

Ever since I have been introduced to the concept of Evidence based Medicine my involvement with and passion for Cochrane has grown. Even while studying for my basic and specialist degrees and having to earn to pay for my **education my** "Cochrane Work **was** always in the forefront; in the form of authoring reviews, screening citations and studies , writing clinical answers and translating evidence into other languages During all these years I have realized that being involved with Cochrane and evidence in health care helps me fulfill my role as a clinician, researcher and a medical teacher . As a clinician I practice evidence-based medicine, as a researcher I try to gather and analyze evidence and as a medical teacher I teach evidence based medicine. And because of this I would like to intensify my involvement and use my organizational skills to help Cochrane achieve its further goals.

What are Cochrane's key opportunities and challenges and what can the Board do to help address them?

As elaborated above I believe Cochrane should not only generate evidence but also help to disseminate evidence by targeting the three roles of a health care professional namely clinician (use evidence), researcher (generate

evidence) and medical teacher (teach evidence based medicine). Being at the top of the evidence pyramid makes it a highly credible and trusted source of evidence.

Cochrane should focus on increasing access to patients\ consumers particularly in developing countries.

Consideration should be given to generating some evidence from studies other than randomized trials.

Bengali is the most spoken language in this world and Hindi comes quite close. Focus should be on translating evidence in these two languages.