I would be honoured to continue to represent the views of the ME/AME community for a second term on the Cochrane Council. This would enable continuity in my role which is particularly important for the ongoing Council projects on which I serve as a volunteer team member. It would also give adequate time and continuity to support our colleague Liz Dooley who has recently joined the Council as the ME representative replacing Jordi Pardo Pardo. I believe that having the representation of an experienced ME Council member, together with a new ME Council member will best serve our community.

Embracing and managing change has been a constant theme for Cochrane over the past few years as we work towards achieving the Strategy to 2020 goals as well as the formation of the new CRG Networks. Ensuring the Council role becomes embedded in the Cochrane restructure has, to date, resulted in a considerable amount of work for all 16 Council members. It is only now, three years on, that we are feeling more established and confident in our roles with a positive pathway developing for future projects and collaborations.

On a personal level I enjoy excellent working relationships with the team here in Bath, UK where I have been an ME since 2005, as well as the wider Cochrane community. I believe in my ability both personally and professionally to continue to bring a positive, progressive and practical approach to Council matters as it enters its next stage. My knowledge and understanding of Cochrane has been a hugely valuable asset when working with an international and diverse committee such as the Council where it is imperative to ensure all voices are represented in a fair and equitable manner whilst remaining mindful to ensure our ME/AME constituents are heard.

I believe it essential for the ME/AME community to contribute to and advise on new policies and practice ensuring they address the demands of changing times without losing the values and spirit which make us uniquely Cochrane. Especially important to me is to ensure that any changes which affect us are carefully planned, with a strong emphasis on implementation. A second term on the Council would help achieve these mutually beneficial objectives.

https://community.cochrane.org/organizational-info/people/cochrane-council